Christ’s Resurrection...
our own resurrection and that of our
loved ones
Date: Sun, 28-Apr-19 from 9am till 5pm
Led by: Bernadette Briffa
Where: Mount St Joseph

Using a Labyrinth to pray
Walking to a ‘sacred space’
Date: Sat, 4-May-19 from 9am till 1pm
Led by: Clare Camilleri, Maria Theresa Partelli & team
Where: Mount St Joseph

The Book of Revelation and the Spiritual Exercises of St Ignatius
From: Fri, 3-May-19 at 7:00pm
Till: Sun, 5-May-19 at 3:00 pm
Led by: Prof. Anthony Frenado
Where: Mount St Joseph

4 or 8 day Directed Spiritual Exercises
In silence and the way of St Ignatius
From: Tue, 23-Apr-19 at 7:00pm
Till: Wed, 1-May-19 at 5:00pm
Led by: Fr Tony Calleja sj & team
Where: Mount St Joseph

Services offered by the Centre for Ignatian Spirituality (CIS)

Individually Guided Spiritual Exercises
The Spiritual Exercises of St Ignatius are an opportunity to journey towards interior freedom and finding meaning for one’s life. When done in retreat form they last 30 days. They can also be done in daily life when the person continues his or her normal life, prayer consistently every day and meets a guide every week. When done in daily life, the duration of the Exercises is around 9 months. Those who are not ready for such an experience can do shorter retreats inspired by the Exercises.

Parish Ignatian Ministry (PIM)
A number of lay people trained in Ignatian Spirituality visit parishes to help individuals learn how to pray with the Bible with the methods suggested by St Ignatius. The programme consists of a number of meetings over a period of two weeks where each participant will be assigned a personal guide. This may be followed by a longer period of spiritual accompaniment to deepen the experience.

Spiritual Accompaniment
Irrespective of your age and life experience, there will be moments in your faith journey where you will benefit from sharing what you are going through with a competent spiritual guide on a regular basis. In line with Ignatian tradition, the philosophy adopted is one where the person sharing and the spiritual guide search together for the will of God.

Course in Spirituality & Spiritual Accompaniment
We offer a 4 year course to help people familiarise themselves with Ignatian Spirituality and the art of Spiritual Accompaniment. The next course will start in September 2019.

School Ignatian Ministry
The Centre for Ignatian Spirituality has a team of trained lay and religious persons whose aim is to help school’s staff and parents discover God in their lives through the spirituality of St Ignatius.

The team is able to offer:
• A half-day of reflection
• Weeklong Ignatian Spiritual Ministry
• Week of guided prayer
• Spiritual formation courses
• And more...

Search and find stillness, meaning and God
Programme of Activities
October 18 - June 19
Retreat in the countryside
...Inspired by St Francis
From: Fri, 5-Oct-18 at 7:00pm
Till: Sun, 7-Oct-18 at 3:00pm
Led by: Claire Camilleri, Maria Theresa Portelli & team
Where: Mount St Joseph

The Rosary "Ignatian style"
Uncover the rich meditational treasure in the rosary
From: Sat, 13-Oct-18 at 9:00am
Till: Sun, 14-Oct-18 at 3:00pm
Led by: Claudia Schembri
Where: Mount St Joseph

On Good Governance
Four sessions based on Lenzetti’s frescoes
Dates: Thu, 11, 18 & 25-Oct-18
From: 7:30pm till 9:30pm
& Sat 27-Oct-18 from 9am till 1:20pm
Led by: Sandra Saperli & Rette Vive
Where: University Chapels

“Come aside for a while…” (Mt 6)
Retreat for those involved in education
Dates: Sun, 11-Nov-18 from 9am till 4pm
Led by: The Ignatian Formation Team at St Aloysius College
Where: Mount St Joseph

Beatitudes on film
Inspiration through animated movies
From: Fri, 16-Nov-18 at 7:00pm
Till: Sun, 18-Nov-18 at 7:00pm
Led by: Fr Mark Cachia sj
Where: Mount St Joseph

Living my First Christmas with a Loss
An opportunity to pray & receive support
Date: Sat, 1-Dec-18 from 9am till 5pm
Till: Sun, 2-Dec-18 at 3:00pm
Led by: Bernadette Briska
Where: Mount St Joseph

Parenting like Mary & Joseph
For families with young children
From: Fri, 7-Dec-18 at 7:00pm
Till: Sun, 9-Dec-18 at 3:00pm
Led by: Elizabeth Sciré & Antonietta Dalli
Where: Mount St Joseph

How to survive a shipwreck
For all those who are struggling
From: Fri, 11-Jan-19 at 7:00pm
Till: Sun, 13-Jan-19 at 3:00pm
Led by: Ada Anasta
Where: Mount St Joseph

‘Ejji’ a day of recollection
In the silence of Wael Elqaari, Gaza
Date: Sat, 26-Jan-19 from 9am till 5:30pm
Led by: Prof. E. Warrington & S. Sciriha
Where: Gaziantep countryside

The Rupnik Icons at Ta’ Pinu
The Annunciation & Visitation
From: Fri, 15-Feb-19 at 7:00pm
Till: Sun, 17-Feb-19 at 3:00pm
Led by: Fr Gerard Buhaiger
Where: Manresa House

Journeying towards Interior Freedom
Connect to your deepest desires
From: Fri, 22-Feb-19 at 7:00pm
Till: Sun, 24-Feb-19 at 3:00pm
Led by: Pat Bonello & Stephen Scenti
Where: Mount St Joseph

Retreat for Families
Finding and keeping joy and union
From: Fri, 22-Feb-19 at 7:00pm
Till: Sun, 24-Feb-19 at 3:00pm
Led by: Fr Paul Chetcuti sj
Where: Manresa House

Online busies persons retreat
A retreat using online video chat
From: Tue, 6-Mar-19
Till: Wed, 7-Mar-19
Led by: Claire Camilleri, Maria Theresa Portelli & team
Where: At home

Pilgrimage Retreat
Encounter the abundance of the Lord
From: Fri, 8-Mar-19 at 7:00pm
Till: Sun, 10-Mar-19 at 3:00pm
Led by: Claire Camilleri, Maria Theresa Portelli & team
Where: Mount St Joseph

Retreat for families
Prayer opportunity for parents & children
From: Fri, 15-Mar-19 at 7:00pm
Till: Sun, 17-Mar-19 at 3:00pm
Led by: Fr Pierre Greciu Mangueart sj, Cristina Sperli & team
Where: Mount St Joseph

Servant of servants
Retreat for priests
From: Mon, 25-Mar-19 at 9:00pm
Till: Wed, 27-Mar-19 at 3:00pm
Led by: Fr Paul Chetcuti sj
Where: Manresa House

Countryside retreat
The simple life and God’s Providence
From: Fri, 29-Mar-19 at 7:00pm
Till: Sun, 31-Mar-19 at 3:00pm
Led by: Prof. Edward Warrington & Rosaline Sciriha
Where: Manresa House

Want more information about the events?
Visit our Facebook Events page, or download the detailed programme from the Manresa.org website.
To book contact the respective retreat house at: bookings@manresa.org

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Find us on
http://facebook.com/crisma
You’ll find details of all the events there.